



OFFICE OF THE PRINCIPAL

GOVT DEGREE COLLEGE, THINDIM, KREERI



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YOGA & PRANAYAMA FIT INDIA FREEDOM RUN 3.0
11th October, 2022

NSS Unit of the college organized Yoga & Pranayama session under the aegis of Fit India Freedom Run 3.0 (Azadi Ka Pachatar Saal Fitness Rahay Bemisal) at Govt Girls Secondary School Kreeri. Dr. Syed Mustafa NSS Program officer taught Yoga Ashnas to participants from Girls Secondary School and NSS volunteers. The faculty of GDC and teachers of secondary school Kreeri participated in the joint session. The worthy Principal, Prof. Kounsar Jan hailed the efforts of Fit India 3.0 for conduct of session.

