



OFFICE OF THE PRINCIPAL

**GOVT DEGREE COLLEGE, THINDIM, KREERI**



گورنمنٹ ڈگری کالج، تھندیم، کریری

Website: [gdctk.edu.in](http://gdctk.edu.in)

[gdcthindimkreeri@gmail.com](mailto:gdcthindimkreeri@gmail.com)

Phone No: 9469512452

GDCTK/2022/.....

Date: .....

**SCHEDULE FOR NASHA MukT JAMMU KASHMIR ABHIYAAN**

**Ref: Govt Circular No.30-JK(GAD) of 2022 Dated:03.09.2022**

S.No	Activity	Date	Co-organizer
1	Essay/Painting Competition on Drug Abuse	07/09/2022	Dr. Aijaz Ahmad
2	Rally on "Say No to Drugs"	08/09/2022	Dr. Rouf Ahmad
3	Rangoli, debate etc. on theme of drugs abuse	10/09/2022	Dr. Saqib Bashir
4	Taking Nasha MukT Pledge in morning assembly	1 <sup>st</sup> to 30 <sup>th</sup> September	Dr. Aijaz Ahmad & Dr. Rouf Ahmad
5	Formation of youth club/Yuva Mandals / Sangathans on drugs related activities.	12/09/2022	Prof. Yaqoob
6	Forming trained peer volunteers/brand Ambassadors for spreading the message	12/09/2022	Prof. Yaqoob
7	Counseling programmes through counseling cell	15/09/2022	Dr. K A Wani
8	Community mobilization through NSS &NCC	17/09/2022	Dr. Syed Mustafa
9	Popularizing National De-addiction helpline number for drug addicts (14446)	19/09/2022	Dr. K A Wani
10	Lectures on drug abuse and its ill effects for at least one month.	1 <sup>st</sup> to 30 <sup>th</sup> September	Dr. K A Wani Dr Aijaz Ahmad Dr. Syed Mustafa
11	Run " Say No to Drugs	22/09/2022	Dr. Syed Mustafa
12	Human Chain Formation Against Drug Abuse	24/09/2022	Dr. Aijaz Ahmad & Dr. Rouf Ahmad
13	Awareness Lecture on Substantial Abuse	27/09/2022	Mr. Ghulam Nabi Bhat (Counseling Psychologist)

**SCHEDULE FOR RASHTRIYA POSHAN MAAH 2022**

**Ref: DC-HE/3299/2022**

S.No	Activity	Date	Co-organizer
	Yoga Session for adolescent Girls	06/09/2022	Dr. Syed Mustafa
6	Yoga sessions for Boys	08/09/2022	Dr. Rouf Ah



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1	Nutrition through Games	10/09/2022	Dr. Syed Mustafa/ Dr Saqib Bashir
2	Water Management	13/09/2022	Dr. K.A.Wani
3	Essay Competition on Malnutrition	15/09/2022	Dr. Mohd Yaqoob Dar
4	Health & Activity Club		Dr. Aijaz Ahmad & Dr. Rouf Ahmad
5	Health Ambassadors	17/09/2022	Prof. Yaqoob Dr. Syed Mustafa
7	Life Style Changes and Malnutrition	29/09/2022	Dr. K.A. Wani

**SCHEDULE FOR SWACHH BHARAT MISSION (GRAMEEN) PHASE II**

**REF: DC-HE/3397/2022**

S.No	Activity	Date	Co-organizer
1	Swachhta Pledge	21/09/2022	Dr. Aijaz Ahmad
2	Cleaning of Institutions	24/09/2022	Dr Syed Mustafa
3	Training session on composting of green/wet waste	27/09/2022	Dr. Khursheed A Wani

**Dr. Syed Mustafa Shah**  
**NSS Program Officer**

**Principal**

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